

# THINK YOU'VE GOT WHAT IT TAKES TO LOSE?

NO SHAME IN LOSING HERE...THIS 14-WEEK WEIGHT-LOSS CHALLENGE IS  
DESIGNED TO JUMP START YOU TO ACHIEVING A MORE FIT, HEALTHIER YOU.

REGISTRATION IS  
**\$119**  
BEFORE MAY 12



**Weight-Loss Challenge**



**Catherine Bogart**  
2022 LOSE TO WIN WINNER

## MAY 30 TO SEPTEMBER 5, 2023

**J**oin us for the 15th ANNUAL "LOSE TO WIN" WEIGHT-LOSS CHALLENGE — a fun and challenging way to become healthier with the potential of winning \$1,000 to \$300 or a one-year membership to Fitness MD 24-7 Gym! **\$119 early-bird entry fee per individual before May 12, 2023. \$139 entry fee from May 13 to May 30, 2023.** Entry fee includes 14-week membership to Fitness MD 24-7 Gym (duration of the challenge).

For registration eligibility\* or other details about the "Lose To Win" Weight-Loss Challenge, contact **Fitness MD 24-7 Gym at 760-255-3639 or visit BarstowHospital.com and click on the "Community" tab.**

THIS EVENT PRESENTED BY



\*Restrictions-apply. The presenters reserve the right to make changes to the challenge as necessary and all committee decisions are final. Fitness MD 24-7 Gym is located at 320 E. Main St., Barstow California 92311  
\*\* Individual results may vary, testimonials are not claimed to represent typical results.